

FREE

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Parent Network

Parent Network support, guidance & learning drop in sessions for parents caring for children and young people with any additional needs, chronic health condition and/or disability

Lesley and Francine at Families in Focus will be running Parent Network support, guidance & learning *drop in* sessions for parents caring for children with any additional need/disability/chronic health condition including Autism, ADHD, Down's Syndrome, Cerebral Palsy, PDA, Diabetes, Crohn's and Colitis etc. in Hemel Hempstead.

No matter where you live, come and join other parents living in families similar to yours; share experiences and knowledge gained along the way in a supportive and non-judgemental environment. Each session will also have 'Families in Focus Guide to...' learning topics:

Where:

**South Hill Centre,
Cemetery Hill, Hemel
Hempstead HP1 1JF**

When:

**Mondays anytime between
9.30 am to 12pm**

2017 Dates:

April 24th Open forum & Kids

May 15th Understanding behaviours

June 12th Understanding sensory issues

July 3rd Positive parenting

September 11th Open forum (speaker?)

October 2nd Independent Living Skills

October 30th Liaising successfully with professionals who support children

November 20th Emotional journey

December 11th Xmas Fun

Website: www.familiesinfocus.co.uk Email: info@familiesinfocus.co.uk Tel: 01442 219 720

Families in Focus Parent Network also in

Watford, St Albans, Stevenage, Toddington & Biggleswade